



Saturday, December 3, 2016

Race Location:

The 10k, 5k and Family After-Party will be held at Sam Houston Park in Downtown Houston. (1000 Bagby St Houston, TX 77002)

10K and 5K Course Maps are available on the event website www.rmhhouston.org/run

Packet Pick-Up:

You may pick up your commemorative t-shirt and race bag containing your bib and timing chip on **Thursday, December 1st or Friday, December 2nd from 12:00pm-7:00pm at Luke's Locker**, 1953 W. Gray St. Houston, TX 77019

Note: We will make every attempt to issue the t-shirt size you requested upon registration. **NO EXCHANGES** will be made at Packet Pick-Up. T-shirts and Race Bags are limited.

Complimentary Parking & Shuttle Service:

Participants are welcome to park in the 5 Houston Center Garage and take advantage of the shuttle service to Sam Houston Park. Enter 5 Houston Center Garage from La Branch Street and inform the attendant that you are a race participant.

The shuttles will travel to and from Sam Houston Park from 6:00am to 8:25am, and again from 9:00am to 10:45am.

Parking at any other location is at your own expense. Plan ahead and arrive early to ensure parking does not inhibit your participation.

Race Day Registration:

Runners may still register the morning of the race from 6:30am-7:30am. Registration tents will be located inside Sam Houston Park. Race-day registration is \$40 for individuals entering the 10K/5K.

We will offer a bag or key check at the race inside Sam Houston Park. It will be monitored the entire time, however, Ronald McDonald House Houston will not be responsible for any lost, broken, or stolen items. Please do not leave irreplaceable valuables.

Race Start:

10K runners will be called to the start line at 7:50am. **The 10K will start at 8:00am.**

5K runners/walkers will be called to the start line immediately after the 10K begins. **The 5K will start at 8:15am.**

Walkers and participants with strollers are asked to line up toward the back, so that competitive runners may line up nearest the start line.

Signage:

The course(s) will be well-marked with signs, marshals, and Houston Police Officers.

Water Stations:

The 5K race will be supported by three water stations just after the first and second mile markers and the finish line. There is an additional water station along the 10K route. It is recommended you remain hydrated before, during and after the race.

Restroom Facilities:

There are port-o-potties available in Sam Houston Park for the start and finish of the race. There will also be one location on Allen Parkway along the race course.

Medical Care:

A medic and ambulance service will be available post-race to take care of minor injuries.

Photography:

We have arranged for photographs to be taken on the course and throughout the event. Thank you for allowing us to capture the fun of this family event by smiling and posing for our pictures! Please note that by participating, you consent to your photos being used, without compensation, by Ronald McDonald House Houston.

Rules and Regulations:

- Both the 10K and 5K are USATF Certified
- Entry fees are non-refundable
- Race shirts and bags are limited
- No-shows will not be mailed their race shirts or bags
- Runners/Walkers must complete the course in one and one quarter (1 1/4) hours
- Awards are based on gun time
- The Run will take place rain or shine (Races and After-Party will be canceled if lightning or flooding)
- Ronald McDonald House Houston is truly grateful for ALL who support the event in any manner. Due to the fundraising nature of the event, we are unable to refund event sponsors, race registrants, or donors in the instance of cancelation.

Awards Ceremony:

All participants will receive a finisher's medal at the finish line.

The award ceremonies will occur approximately 1 hour after the first finisher of the 5K race. Specific prizes for top finishers and age group placers are listed on the official run website and can be instantly retrieved via the It's Your Race app. Download the app before the race for optimal use!

Awards will be determined the order in which runners cross the finish line (gun time). The Trafigura Run for the House is sanctioned by USA Track and Field and must abide by their rules regarding gun time vs. chip time.

We reserve the right to truncate or cancel an award ceremony for any reason, including but limited to: time, function space availability, contested results or pending results protest, weather, or by decision of the Race Director.

Unclaimed Awards:

If you do not receive your Overall, Master, or Age Group award onsite, you may claim it at the RMH Houston Holcombe House between 9:00am - 5:00pm Monday-Friday. Awards are available up to three months past the race date. After that time, age group awards may not be available. We regret we cannot mail awards.

Mogie After-Party:

Persons of all ages may enjoy the free games, inflatables, food and activities at the after-party located within Sam Houston Park.

**- ENJOY THE RUN -
THANK YOU FOR YOUR SUPPORT!**

